

# LENT 2019 AT ST LAWRENCE'S

## ASH WEDNESDAY, 6<sup>th</sup> March Day of Fasting and Abstinence



Mass with Imposition of ashes at 9.30am (with School), 12.15pm, 6.00pm (Polish) and 7.30pm (with the Adult Formation Group)

## EUCCHARISTIC ADORATION

Monday to Friday at 8.30am, starting Thursday 7<sup>th</sup> March.



## STATIONS OF THE CROSS

Fridays at 10.00am, Saturdays at 12.30pm Wednesdays at 7.30pm (Polish)



## DAILY REFLECTION BOOKLETS

**My Day by Day** and **Walk with Me** booklets for personal daily reflection (*using the daily Mass readings*). Price £1.00 each. If you have not seen or used this booklet before, consider taking one for your Lenten reflection.

## LENT FAITH SHARING COURSE

**“Rejoice and be Glad”** – a six week faith sharing course starting from Ash Wednesday members of the Pastoral Team and lay people will lead a group in the Prayer Room, Parish Centre or in a leader's home. Days and times as on the sign-up sheets. Booklets available at £3.00 each.

## LENTEN RETREAT

Theme – **Repent and Rejoice in the Mercy of God**

An evening Retreat led by Dr D Jayanand, (an international preacher and Catholic evangelist), on **Friday 15<sup>th</sup> March** from 5.30pm to 10pm. All welcome. Enquires to George.

## YOUTH OUTREACH - YO!

The next Youth Outreach (Yo!) day will be on **Sunday 24<sup>th</sup> of March**, when a sr team of young people from *the parish Youth Outreach (Yo!)* will visit the elderl and housebound between 12:30pm and 3:30pm. The visit will consist of a shor prayer and Lenten reflection in preparation for Easter, including some time for chat. New volunteers are needed (14-30 years), please contact Lloyd Gashu (email: [lloyd.gashu@live.com](mailto:lloyd.gashu@live.com))



## LENTEN ALMS - The Cardinal's Appeal



This year the Cardinal has asked that the Lenten Alms collection be directed to Cardinal's Appeal fund. The funds raised will go to support parishes or groups in their work to further the mission of the Church: to serve the evangelisation of youth, to develop marriage and family life projects, and to provide service in society, especially to those on the margins. There will be leaflets available next weekend giving more information and envelopes for your offering. The collections taken up at Masses on Ash Wednesday and Holy Thursday will be for the Cardinal's Appeal. In addition, there will be a Lenten Alms 'wall' box situated near the entrance to the sacristy.