



Sunday 9 March 2025
 Luke 4:1-13
 1st Sunday of Lent

In the
GOSPEL TODAY

Jesus goes into the wilderness to be alone. He is tempted three times to do something wrong. Every time he is tempted, Jesus makes the right choice and does what God the Father wants.

Listen

A temptation can be when someone tries to make you do something wrong. Look at the words that this boy can hear.

Which ones are temptations? Cross them out!

Take all the sweets

Show off

Play nicely

Be selfish

Hit your friend

Share your sweets

Be kind

Talk behind someone's back

Slam the door

Be good



**MAKE THE
 RIGHT CHOICE!**

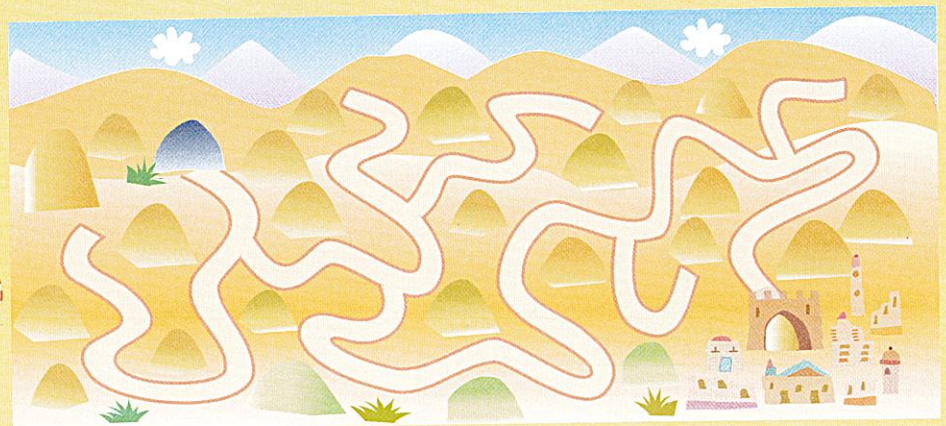
My Lenten promise

What have you decided to do during Lent? Draw yourself inside this angel keeping your Lenten promise.



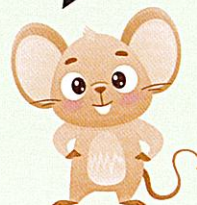
Maze

Can you find Jesus' way back to Nazareth from his cave in the desert?



A PRAYER TO SAY

It's not
 always easy
 to be good



Thank you, Jesus, for showing me that I can make the right choices, just like you did. Help me to be truly alive by filling my life and my heart with good things. Amen.

You can't be alive if you are full of:

l ___ (eis)
 a_g ___ (ren)
 ___ t ___ (psie)
 _r ___ d (ege)
 ___ t ___ (each)

but you are alive when you are full of

l ___ (evo)
 s ___ r ___ (aihng)
 ___ d ___ s (nkines)
 _r ___ s ___ (hipdfnei)
 t ___ (uthr)