



**Fifth Sunday in Ordinary Time -
Year A**

7th/8th February 2026

MASS TIMES & INTENTIONS

Sat 7 9.30am 6pm	Edward Stokes Magdalena Nogollos	RIP (A) RIP
Sun 8 8am 9.30am 11am 7pm	Davin Dias Luvia D'Souza (Birthday) Tony & Jill Smith People of the Parish	T'GIVING T'GIVING RIP INT
Mon 9 9.30am	Ivor & Phoebe van Sanden	RIP
Tue 10 9.30am 7pm	Simon Dias Joyleon Fernandes	T'GIVING T'GIVING
Wed 11 9.30am	Januario Pereira	RIP
Thur 12 9.30am	Kian Fernandes (Birthday)	T'GIVING
Fri 13 9.30am 7pm	Maurizia Gonsalves (7th B'day) Erlyn Fernandes (Birthday)	T'GIVING T'GIVING
Sat 14 9.30am 6pm	Anto Praveen & Mary Punitha (15th Wedding Anniversary) Julius & Sarah (Wedding Anniv.)	T'GIVING T'GIVING
Sun 15 8am 9.30am 11am 7pm	Olsen & Osbourne Fernandes Kate Dourade (Birthday) Royston Harris People of the Parish	T'GIVING T'GIVING RIP (1st A) INT

OTHER REGULAR MASSES, LITURGY

Confessions and Adoration: Saturday 10.15am-11.15am
Confessions: Saturday 4pm-5pm
Morning Prayer: Monday to Friday 9.10am
Rosary: Monday & Friday 10am; St Anthony Devotion: Tues 10am
Novena to Mother of Perpetual Help: Wednesday 10am
Sacred Heart Devotion First Friday 10am
Prayer & Intercessory Group: 3rd & 4th Saturday 7pm
Polish Mass: Every Sunday 1pm
Malayalam Mass: 3rd Sun 2.30pm
Filipino Mass: 4th Sat 2.30pm
Nigerian Mass: 4th Sun 2.30pm

In these weeks we stand at a 'hinge point' in the life of the diocese. The Latin for 'hinge' is cardo, from which comes the word 'cardinal'. Here we can see the link of 'hinge' with the four 'cardinal virtues' – prudence, temperance, justice and fortitude - which help us to live well, along with the efforts from within our heart and soul, 'hinged' on our love for God. It is befitting, then, that on Thursday night we celebrated a Mass of Thanksgiving at Westminster Cathedral to someone who has been a 'hinge' in the life of our diocese for the past sixteen years – our beloved Cardinal Vincent Nichols. In his homily, Cardinal Vincent echoed the words of St Paul this weekend, that our faith must rest in the power of God, as we give praiseworthy thanks to God for all He does for us. Reflecting on the words of St Ignatius, Cardinal Vincent encourages us: 'Do what you can calmly and gently. Do not be disturbed by the rest, but leave to God's providence what you cannot manage yourself. God is well pleased with the earnestness and moderate anxiety with which you attend to your obligations. He is not pleased with that anxiety which afflicts the soul, because He wishes our limitations and weaknesses to seek the support of His strength, with trust that in His goodness He will supply what is lacking in our weakness and shortcomings... Keep your soul in peace.' He finished by saying, 'for me, then, this is a moment of exit...It is also a moment in which I stand at a threshold... Here there is a new summons for me, a summons to use time more carefully in coming closer to the Lord, to spend more time in his presence now that the demands of this office are lifted. So please pray for me that I may have the radical trust in the Lord that was asked of the disciples as they set out on their new mission. And be sure of my continuing prayers and service for you all, for this beloved Church of Westminster and, of course, for our new Archbishop, as he, in turn, accepts the call of the Lord.' Indeed, we thank Cardinal Vincent for his shepherding of us, and assure him and Archbishop Richard of our continued prayers. Happy retirement, Your Eminence!
Have a blessed week, **Fr Mike**

SCRIPTURE READINGS (Year A)

Today: Fifth Sunday in Ordinary Time p. 133
Weekdays: Fifth week in Ordinary Time Year II
Morning Prayer Week 1
Next week: Sixth Sunday in Ordinary Time p.136

SAINT OF THE WEEK

Saint Scholastica (480-543)
Memorial, 10 February

"Faith is not merely a belief, but a deep trust in God's love and guidance."

PARISH CONTACTS

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CATECHESIS CORNER

According to the Catechism of the Catholic Church, during the celebration of the Eucharist the priest, acting in the person of Christ (in persona Christi), “re-presents (makes present) the sacrifice of the cross” under the sacramental forms of bread and wine (CCC 1366). This is the sacrifice of the Mass. During Holy Mass, the priest represents Christ, not himself. He reflects an image of Christ, who is the “high priest of the New Covenant” (CCC 1348). When a priest offers the Eucharist, he uniquely and most powerfully makes Jesus present to and for the benefit of the faithful, and the world at large as well. The celebration of the Eucharist makes present the sacrifice of the cross. Jesus offered his body and blood on the cross to save humanity. We don’t repeat or multiply his one sacrifice at Mass, but we do powerfully offer it anew and our participation makes the Eucharist a holy and saving action. We have the words of institution from Jesus Christ himself at the Last Supper: “Take and eat, this is my body” and “Drink from it, all of you, for this is my blood” (Matt. 26:26–28). The bread and wine become the actual body and blood of the resurrected Jesus Christ through the consecration. Jesus invites us to join in—and partake of—his sacrifice, so that we can share everlasting life in heaven with him. When we receive Holy Communion, we receive not just symbols but the actual body, blood, soul, and divinity of Christ. More than a mere sign, it is the living Christ we receive. The Eucharistic offering renews our unity with God and gives us eternal life.

PARISH YOUNG ADULTS GROUP (AGED 18-35) St Lawrence parish is launching a brand-new Young Adults Group for those aged 18–35 who want to live their Christian faith more fully and intentionally. In a fast-paced world that often pushes Christ to the margins, this group offers a space to slow down, reflect and support one another in putting Christ at the centre of daily life. Meeting weekly, the group will include a monthly catechesis on Fridays at 7 pm, presenting the Gospel in a fresh new way. On other weeks, we will gather for 7pm Mass on Fridays, followed by an informal discussion at Wetherspoons, where we will talk honestly about our lives, faith and how we can live more faithfully for God. As Pope Leo XIV reminds us: “Aspire to great things, to holiness, wherever you are. Do not settle for less.” This group is an opportunity to build genuine community, share challenges and encourage one another because none of us is meant to journey alone. All young adults are warmly welcome, starting 6th March 2026, 7pm, in the Parish Centre.

SATURDAY 14th FEBRUARY - Due to the timing of the Installation Mass for Archbishop-Elect Richard, regrettably, we will need to cancel confessions this day. However, there will be an hour for confession transferred to **Friday 13th February at 5.30pm**. Thank you for your understanding. In addition, there will be a Eucharistic Service at 9.30am led by Deacon Colin. Baptisms will be at the earlier time of 10.30am.

ALMS -APPRECIATE AND LEARN MUSIC THROUGH SINGING - We are delighted with the initial response to the new singing group. We studied breathing techniques and fun vocal warm-ups leading to extended learning of the musical ‘Godspell’ and some stand alone great songs. -The group worked beautifully together on harmonising and listening to each other and the concert that we performed to friends and family in December was very well received. We would like to expand the group and there are spaces available if you wish to join. Adults only, no audition and all are welcome. The next project will be a concert version of ‘Joseph and the Amazing Technicolour Dreamcoat’ by Tim Rice and Andrew Lloyd-Webber. The group meets on Monday evenings at 7pm in the Parish Centre, £5.00 per person per session. The next Meeting is on Monday, 9th February.

REST IN PEACE - We pray for the repose of the souls of Ann Cottis, Winnie Lawrence, Lauretta Awele Ani and Jeanette Hocking (Kiki), who have died recently. May they rest in eternal peace. Kiki’s funeral will take place here on Friday 20th February at 12.30pm.

CATECHISTS WANTED!! Do you have a passion to teach and hand-on the faith, to accompany those seeking a closer relationship with the Lord Jesus, those seeking the sacraments? If so, we are looking to grow our parish catechist team for our sacramental programmes. If you are interested in becoming a volunteer catechist, for either First Holy Communion, Confirmation, Baptism Preparation, Marriage Preparation, Walk With Jesus (Sunday School), please contact our Catechetical Coordinator, Cathy Early, at felthamcatechist@rcdow.org.uk, for more details. Volunteer catechists must be at least 18 years old to apply. Have courage! Do not be afraid to put yourself forward in serving the Lord and the parish this way.

LOURDES PILGRIMAGE 2026, FROM HEATHROW - If you would like to go to Lourdes this year on the diocesan pilgrimage, with our new Archbishop, please give your details to the parish office ASAP. **The dates are 17th – 24th July.** This year, our parish has been offered return flights from Heathrow, which is so convenient for us, staying full board in the 4-star Padoue Hotel, minutes from the Grotto, including coach transfers from Toulouse Airport (our arrival airport) to Lourdes and travel insurance and pilgrimage levy. The costs will be £1,216 per person, based on two sharing. Single rooms are also available at a supplement. We will also undertake some fundraising in the coming months to reduce the prices. Please do not delay – register your interest today!

There will be a meeting on **Sunday 15th February** at 12.15pm in the Parish Centre for all those who have expressed interest in going to Lourdes.

LENT PASSION PLAY- SAVE THE DATE - To help us step into Holy Week, RISE Theatre – a Christian Theatre Company – will be performing a Lent Passion Play here at St Lawrence on **Thursday 12th March at 7.30pm** (doors will open at 7.00pm). This will be a seated performance, with no standing availability in the church. It is a free event (donations are welcome), and entry will be via a first come, first served basis. Further details will be provided in due course.

ANNUAL MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY - Westminster Cathedral, Saturday 23rd May 2026 at 2:30pm. The Archbishop is inviting to this Mass all couples in the Diocese, who are celebrating their 5th, 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2026. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife’s names, wedding date, full postal address and contact email (or telephone number, if no email).

DEACON ROLLY LEON - It is wonderful that Deacon Rolly will be back with us this weekend after his time off.

SCHOOL CAR PARK AND ACCESS ROUTES - Regrettably, we are unable to use the school car park at the moment for our weekend parish Masses. We will keep you updated going forward and we apologise for the inconvenience caused.

PARISH OFFICE OPENING TIMES

Mon, Wed, Thur: 10.00am–12noon & Fri: 12.30-2.30pm
Tues, Sat & Sun: Office Closed

THANK YOU FOR YOUR GENEROSITY

24th-25th January: Loose: £1,519.65 Envelopes: £261.50
Total: £1,781.15

HSBC BANK ACCOUNT NAME: WRC DT Feltham
Account No: 71095528 Sort Code: 40-05-20

Please add your Surname and First name as a reference, to help our bookkeeper, and indicate if it is for a Donation, Baptism, Mass, etc