



**Fourth Sunday of Lent - Yr A  
LAETARE SUNDAY**

**14th/15th March 2026**

**MASS TIMES & INTENTIONS**

<b>Sat 14</b> 9.30am 6pm	Jesus-Maria Mba Sima & Angela Loseba Bitorosa Power Family	RIP INT
<b>Sun 15</b> 8am 9.30am 11am 7pm	People of the Parish Piedade Da Cunha Pascoal & Catarina Pereira Mariana-Lucia Mba Loseba	INT RIP RIP RIP
<b>Mon 16</b> 9.30am	Noel Burke	RIP
<b>Tue 17</b> 9.30am 7pm	Patricia Jayawardena Michael Joseph D'Souza	RIP RIP (1st A)
<b>Wed 18</b> 9.30am	Renato Bansale (B'day Rem)	RIP
<b>Thur 19</b> 9.30am	Jozefa Hermaszewska (100th B'day)	RIP
<b>Fri 20</b> 9.30am 7pm	Catherine Early (Birthday) Joan Nduba	T'GIVING RIP (A)
<b>Sat 21</b> 9.30am 6pm	Bridget Burke D'csd souls of the Fernandes, Rodrigues & D'Souza Families	RIP (A) RIP
<b>Sun 22</b> 8am 9.30am 11am 7pm	Caetano Vicente De Souza Fr Gerry Burke D'csd members of the Early Family Anto Praveen Kumar (B'day)	RIP (4th A) RIP (7th A) RIP RIP

**Sanctuary Lamp is lit for the souls of the D'Souza Family**

**OTHER REGULAR MASSES, LITURGY**

Confessions and Adoration: Saturday 10.15am-11.15am  
Confessions: Saturday 4pm-5pm  
Morning Prayer: Monday to Friday 9.10am  
Rosary: Monday & Friday 10am; St Anthony Devotion: Tues 10am  
Novena to Mother of Perpetual Help: Wednesday 10am  
Sacred Heart Devotion First Friday 10am  
Prayer & Intercessory Group: 3<sup>rd</sup> & 4<sup>th</sup> Saturday 7pm  
Polish Mass: Every Sunday 1pm; Malayalam Mass: 3rd Sun 2.30pm  
Filipino Mass: 4th Sat 2.30pm; Nigerian Mass: 4th Sun 2.30pm

Dear Friends,

Today is of course the Fourth Sunday of Lent, when we are permitted to celebrate a little bit of rejoicing in the midst of the desert of Lent. At today's Masses, the clergy will be wearing rose coloured vestments. These only get worn twice a year (the other occasion being Gaudete Sunday which is the third Sunday of Advent). Both of these days are a reminder of the joy of the forthcoming celebrations. In this season of Lent, we fast, but also true is that our fast is not eternal. There is hope ahead for us and this is why the clergy wear these rose coloured vestments as a reminder of the hope and joy of the coming season of Easter.

In the UK, the fourth Sunday of Lent is always Mothering Sunday. I would like to share this quote from the late Pope Francis taken from a General Audience he delivered in 2015. It seems particularly pertinent today.

"A society without mothers would be a dehumanised society, for mothers are always, even in the worst moments, witnesses of tenderness, dedication and moral strength. Mothers often pass on the deepest sense of religious practice: in a human being's life, the value of faith is inscribed in the first prayers, the first acts of devotion that a child learns. It is a message that believing mothers are able to pass on without much explanation: these come later, but the seed of faith is those early precious moments. Without mothers, not only would there be no new faithful, but the faith would lose a good part of its simple and profound warmth. And the Church is mother, with all of this, she is our mother! We are not orphans, we have a mother! Our Lady, mother Church, is our mum. We are not orphans, we are children of the Church, we are children of Our Lady, and we are children of our mothers".

So, to all the mothers, grandmothers, aunties and godmothers I say thank you for all the work that you do in your families and for all the work that you do in our church.

Have a blessed week,  
Deacon Colin

**SCRIPTURE READINGS (Year A)**

**Today:** Fourth Sunday of Lent p.164  
Morning Prayer Week 4

**Next week:** Fifth Sunday of Lent p.170

**SAINT OF THE WEEK**

Saint Patrick (387-461)

Patron of Ireland, Bishop & Confessor  
Feast: March 17

"If I have any worth, it is to live my life for God"

**PARISH CONTACTS**

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## CATECHESIS CORNER

This time of year, the power of one particular healing sacrament is especially intense. First Reconciliations, in preparation for First Holy Communion, are being celebrated by our parish children, and not a single minute is lost in the queue for Lenten reconciliations by the rest of us. Today, we begin our catechetical journey through the healing Sacrament of Reconciliation—also commonly known as confession, penance, conversion, and forgiveness. One end of this sacrament is the forgiveness of sins, through “the pardon of God’s mercy for the offences committed against Him,” and the conversion of hearts and ways of life; thus we are “reconciled with the Church, wounded by our sins” (CCC 1422). Understanding this as the Sacrament of Conversion draws on the “sacramental presence of Jesus’ call to conversion, the first step in returning to the Father from whom one has strayed by sin.” The Sacrament of Penance “consecrates the Christian sinner’s personal and ecclesial steps of conversion, penance, and satisfaction.” The Sacrament of Confession reminds us of the need to “disclose or confess our sins to a priest, while acknowledging and praising the holiness of God and His mercy.” The Sacrament of Forgiveness reminds us that, through the ministry of the priest, “God grants the penitent ‘pardon and peace.’” Finally, the Sacrament of Reconciliation “imparts to the sinner the love of God who reconciles” (CCC 1423–1424). Thank God for this healing!

**PARISH YOUNG ADULTS GROUP (AGED 18-35)** St Lawrence parish has launched a brand-new Young Adults Group for those aged 18-35 who want to live their Christian faith more fully and intentionally. In a fast-paced world that often pushes Christ to the margins, this group offers a space to slow down, reflect and support one another in putting Christ at the centre of daily life. Meeting weekly, the group will gather for 7pm Mass on Fridays, followed by an informal gathering in the Parish centre, where we can talk honestly about our lives, faith and how we can live more faithfully for God. As Pope Leo XIV reminds us: "Aspire to great things, to holiness, wherever you are. Do not settle for less." This group is an opportunity to build genuine community, share challenges and encourage one another because none of us is meant to journey alone.

**COFFEE MORNING** - The Confirmation Group are hosting a Coffee/Tea & cake morning after the 9.30am and 11am Masses in the Parish Centre this **Sunday 15th March**. The proceeds will go towards Youth Fund. Please come along and support them and treat your wife, mother or nan on Mother’s Day.

**LOURDES PILGRIMAGE 2026 FUNDRAISING**  
- Race Night - **New date Saturday, 9th May 2026.**  
- 2 Coffee Mornings - dates to be published shortly

**The pilgrimage dates are 17th – 24th July.** The cost will be £1,216 per person, based on two sharing, including coach transfers from Toulouse Airport (our arrival airport) to Lourdes and travel insurance and pilgrimage levy. Please do not delay – register your interest today! If you need help with your booking please contact Florie.

**MASS FOR CHILDREN & ADULTS WITH SPECIAL NEEDS** - celebrated by Fr Peter Shekelton on **Saturday 18 April at 11am** at St John Fisher Roman Catholic Church, 41 Langdale Gardens, Perivale UB6 8DQ. This special celebration is open to all, and especially welcomes those with intellectual disability, together with their families, friends, and carers. See poster in porch.

## REST IN PEACE

We pray for the repose of the souls of Joan Mary Collins, Winnie Lawrence, Annie Philomena Kinsella (known as Phyllis and Jozefa Hermaszewska (mother of Joanna James our previous secretary), who have died recently. May they rest in eternal peace. Funeral details can be found on the noticeboard.

## PARISH OFFICE OPENING TIMES

**Mon, Wed, Thur: 10.00am–12noon & Fri: 12.30-2.30pm**  
**Tues, Sat & Sun: Office Closed**

## LENT AT ST LAWRENCE’S

**ADORATION OF THE BLESSED SACRAMENT** - Every weekday morning from 8.15am-9.00am.

**STATIONS OF THE CROSS** - Every Friday after the 9.30am Mass and after the 7pm Mass.

**SMALL FAITH-SHARING GROUP** - Every Monday during Lent, there will be a small faith-sharing group in the Presbytery after the 9.30am Mass. It lasts 45minutes to an hour. We are following a Diocesan Lenten resource “We Dare to Ask”, led by a member of the Pastoral Team.

**CAFOD – BIG LENT WALK** - The walks will take place on the following Wednesdays in Lent at 10.30am:  
*18th March Hounslow Cemetery; 25th March Bedfont Cemetery and 1st April Hanworth Crematorium.*  
We start with a short prayer by the grotto then walk to the cemetery, say the rosary and walk back finishing with a prayer at the grotto. This will be followed by a simple soup lunch in the Parish Centre.

**DIOCESAN LENTEN APPEAL 2026** - “Because we are formed in faith, we are sent in love”. The annual appeal supports one shared mission: helping people encounter Christ and live that faith in love and service, through Education, Youth & Evangelisation, Marriage and Family Life and Social action. The Appeal is open throughout Lent. Please use the envelopes provided for your donation.

**FLOWERS** - PLEASE DO NOT bring flowers to decorate the altar or any of the statues in Church during Lent.

**HOLY WEEK & EASTER SERVICES LEAFLET** - Please take a copy, it has all the information you need for our services during Holy Week and Easter.

**EASTER FLOWERS** - There will be a collection for Easter Flowers next weekend 21st-22nd March after all Masses.

**PLANNED GIVING ENVELOPES 2026-27** - All those who currently use or had requested Planned Giving Envelopes, the envelopes are now ready for collection from the Parish Office. They start from the 10th of April.

**STABAT MATER CONCERT** - As part of a Lenten devotion, on Wednesday 18 March at 6.45pm in Westminster Cathedral, the Cathedral Choir and the Britten Sinfonia will perform a concert of reflection on the ancient Marian hymn, contemplating the sorrow of the Blessed Virgin Mary at the foot of the Cross: See poster in porch. The Cathedral offers an opportunity to buy tickets at a discount of 50%. Discounted tickets are available in Sections A, B and N at : <https://www.ticketmaster.co.uk/event/1F00638BCD835BA6?did=50off> Password: WCSBDO.

**SCHOOL CAR PARK AND ACCESS ROUTES** Regrettably, we are unable to use the school car park at the moment for our weekend parish Masses. We will keep you updated going forward and we apologise for the inconvenience caused.

**WIDOWED, SEPARATED AND DIVORCED** Beginning Experience Weekend 8th to 10th May 2026 at Worth Abbey. For further details please contact Mary on 07730 884315 or Email: [beginningexperience.soe@gmail.com](mailto:beginningexperience.soe@gmail.com)



## THANK YOU FOR YOUR GENEROSITY

7th/8th Mar: Loose - £1,660.19 Envelopes - £217.30  
Total: £1,877.49

**HSBC BANK ACCOUNT NAME: WRC DT FELTHAM**  
**Account Number: 71095528 Sort Code: 40-05-20**

Please add your Surname, First Name as a reference, to help our bookkeeper, and indicate if it is for a Donation, Baptism, Mass, etc.